

# Product Ingredient Sheet

## CoEnzyme Q<sup>10+</sup><sup>TM</sup>



- Unique formula combines Coenzyme Q<sup>10</sup> (CoQ10) and vitamin E
- Support for a healthy cardiovascular system
- Powerful antioxidant formula
- Supports energy production at the cellular level

**Coenzyme Q10** (CoQ10) is found in nearly every cell in the human body. Within our cells, CoQ10 works in the mitochondria, the organelle where energy is produced. CoQ10 helps extract energy from our foods and transform it into ATP, the high-energy molecule our bodies use to carry out thousands of every day functions.

CoQ10 is found in the highest concentrations in organs, like the heart, that have high energy demands. It has been shown to be helpful for a variety of conditions associated with the heart and cardiovascular system. CoQ10 is also a powerful antioxidant. Antioxidants help protect against damage caused by free radicals, unstable molecules produced in the mitochondria as a byproduct of energy metabolism. Free radicals can damage vital structures in the body, such as cell membranes and DNA, and are associated with premature aging and a variety of health conditions. CoQ10 is unique in that it guards against free radical damage at the mitochondrial level and is also known to help regenerate other essential antioxidants, like vitamin E.

CoEnzyme Q<sup>10+</sup><sup>TM</sup> is a unique formula that combines CoQ10 and vitamin E to deliver maximum support for energy production, cardiovascular function and antioxidant protection.

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin E (from Mixed Tocopherols—Alpha, Beta, Gamma, and Delta)	60 IU	200%
Coenzyme Q10 USP	60 mg	†
Quercetin	60 mg	†

† Daily Value not established.

#### U.S.

Item #147E—  
60 Count Bottle

#### Canada

Item #8147E—  
60 Count Bottle

**DIRECTIONS:** Take two (2) capsules daily with food.

**OTHER INGREDIENTS:** Gelatin, cellulose USP/FCC, silicon dioxide, tricalcium phosphate USP/FCC, magnesium stearate FCC.

**ALLERGY INFORMATION:** CoEnzyme Q<sup>10+</sup><sup>TM</sup> contains no milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, yeast, sugar, artificial coloring or preservatives.

CoEnzyme Q<sup>10+</sup><sup>TM</sup> may be able to support cellular energy and maintain a healthy heart.

**STORAGE:** Avoid exposure to heat and moisture. Keep tightly sealed and store in a cool, dry place.

**NOTE:** Use only as directed. If you are pregnant or nursing, please consult with your physician before using this product. Keep out of reach of children.